

Students Name:

Brag Sheet for Letter of Recommendation

Please fill out this form as accurately and completely as possible. Your counselor and teachers will use this information to write your letter of recommendation for college admissions and/or scholarships. Be sure to attach your AVID/College Resume to this form and allow enough time for your recommender to complete your letter, preferably one month in advance.

1. What do you plan to study as a college major and why? What experience do you have which will prepare you for that major?
2. What course was the most challenging for you over the past 3 years? How did you grow from this experience?
3. Have you taken any additional classes outside of school that are not on your transcript?
If so, please list the class, school attended and grades.
4. Pick three original adjectives that you believe would best describe who you are? Then explain why you selected them.
5. What event or activity (positive or negative) has had the most significant impact on you in your life and shaped you as a person and why?
6. Please share one leadership role you have held during high school and describe how it has shaped who you are as a person.
7. Please describe any academic or personal barriers and how you have overcome them. How have they interfered with your academic performance?
8. Is there any additional information you would like your colleges to know about you that you will not be able to share in your application?
9. **Parent Prompt:** (To be completed by parent)
What would you want the admissions office to know about your child that they could not learn from your student's school records and/or college application? Possible topics may include student's greatest strengths, most unique characteristics, significant family events, student's personal obstacles, and how they cope and overcome challenges.
10. Please explain any extenuating circumstances/comments/additional information you would like to share. (i.e. extended absences due to illness, other school attended in high school, learning disability, special talents, etc.)